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This is to certify that Charles Clark

is hereby awarded the

South African Diploma in Schema Therapy

He has fulfilled the requirements for workshop training specified by the International Society of Schema Therapy (ISST) by attending training workshops offered by the South African Institute of Schema Therapy (STISA). He attended Part one of the training (20 hours) online in March 2022 (16 participants), and Part 2 of the training (20 hours) online in October 2022 (12 participants).

The ISST sets out a curriculum to be covered in 25 hours of Didactic training and 15 hours of experiential role play training. This Diploma is issued in recognition that the required hours and curriculum content have been covered. Note: The workshops are one component of training in schema therapy. For certification as a schema therapist by the ISST, trainees must also receive a specified number of hours of supervised practice and have one or more cases formally evaluated by an ISST–certified trainer independent of STISA. This Diploma does not indicate that these other requirements have been met. Trainees applying for certification with the ISST are normally asked to complete the other requirements within three years of completing the workshops.

Professor David Edwards

ISST Certified Schema Therapist and Trainer
Registered as a Clinical Psychologist with the HPCSA
Diplomate and Founding Fellow – Academy of
Cognitive Therapy

Certificate issued on 6th October 2022